

Grades 1 to 5 / Ages 6 to 11

8 programs / 5 minutes

Year of Production: 2006-07

What's it like to be blind? What assumptions do people make about you when you are an amputee? Discover answers to these questions – and meet some amazingly normal kids – in *Mark's Moments*.

In this "day in the life" series of shorts, *TVOKids* host Mark Sykes spends time with kids throughout Ontario who live with various disabilities. Niall, age 13, born with minimal vision and now fully blind, demonstrates how he crosses the street, how he stays active and discusses the hardest things he has to deal with on a daily basis. Alex, age 12, a right-hand amputee since birth, challenges Mark to tie a shoe without the use of all ten fingers (as Alex must do!). After preparing a tasty snack of French toast, Alex shows Mark how he uses a knife and fork, with only one hand.

Each child has friends and family, chores to complete, and personal interests. And as young viewers get a glimpse into the lives of children with disabilities, they discover that these children are not much different from themselves.

As one child advises: If you're curious and have any questions, just ask. It's more useful than staring and making assumptions.

Programs

Niall

BPN 749401

In this episode host Mark Sykes spends the day with his friend Niall, who is blind. (3:40)

Alex

BPN 749402

In this episode Mark spends the day with his friend Alex, who is an amputee. (4:00)

Christina

BPN 749403

In this episode Mark spends the day with his friend Christina, who has Congenital Femoral Deficiency. (4:12)

Jenna

BPN 749404

In this episode *TVOKids* host Mark Sykes spends the day with his friend Jenna who has Cerebral Palsy. (4:12)

Max

BPN 749405

In this episode *TVOKids* host Mark Sykes spends the day with his friend Max, who has lost both his legs in a lawnmower accident. He is now an amputee and uses prosthetics. (4:12)

Eric

BPN 749406

Mark spends the day with his friend Eric who has Spina Bifida. (4:12)

Zack

BPN 749407

Mark spends the day with Zack who has Cerebral Palsy. (4:12)

Melinda

BPN 749408

Mark spends the day with his friend Melinda who has Down Syndrome. (4:12)

